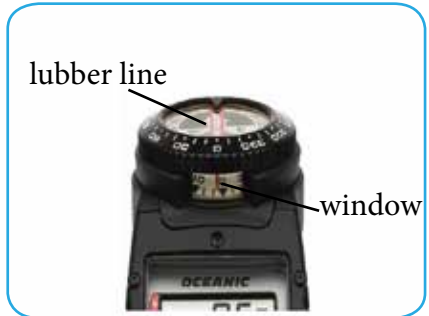


SIMPLE UNDERWATER NAVIGATION: Bearing Navigation

FIN TIPS

Compass Basics

basic compass parts



holding the compass



pointing the compass



TIPS

- Hold the compass level as you swim
- Keep the lubber line in line with the center of your body
- Use a landmark when possible: make note of the bearing in the window for the return course, but swim towards the landmark.
- Count your fin strokes and return with the same number of fin strokes; you should end up where you started.

Bearing Navigation

1



Point compass in direction you want to go - make note of the bearing in the window

2



Keep lubber line in line with your body and swim holding the bearing in the window

3 return course

To find your return course, either add or subtract 180 (If the original bearing is less than 180, add 180. If the original bearing is greater than 180, subtract 180).